Appointment Timeline

Please note: Some women may need additional appointments with a Consultant/ Specialist Midwife throughout their pregnancy. These will be discussed with you if required.

Active Pregnancy

Register your pregnancy online or with your GP

Supplements
Folic Acid + Vitamin D

10 weeks: Booking appointment with midwife.

11 weeks onwards: Rhesus Screening results

12 weeks: Dating scan & appointment. Personal login to Gap + Grow given.

16 weeks: Appointment with midwife.

20 weeks: Anomaly scan & appointment (*additional scans as appropriate).*
Mothers + others guide to breastfeeding. Antenatal feeding information toolkit provided.

Whooping Cough, flu and covid vaccine discussion.

PET/Fetal Movements /ICP Screenings

SP + Symptoms. AAU Video.

26-28 weeks: Appointment with community midwife. Anti-D immunoglobulin injection.
Appt needs booking before 10 weeks of pregnancy.

Antenatal top tips/education options.

31 weeks: Appointment with community midwife.

34 weeks: Appointment with community midwife. FBC routine.

35 weeks: Home Birth Assessment

36 weeks: Appointment with community midwife.

38 weeks: Appointment with community midwife.

40+ weeks: Appointment with community midwife.

If you have given birth in hospital you will be **discharged** when ready.

Vitamin K, Newborn + Infant physical examination (NIPE) + Hearing test

Postnatal Physio self refer

If you have any **postnatal concerns**, you can self-refer back to maternity services up to **42 days** following discharge.

6-8 week check + Newborn Vaccine

Key

- Midwife
- Blood test
- Sonographer
- Scan
- Weigh
- CO Monitor

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